



# OCTOBER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1 10:00-Exercise 3:00 - Snacks 3:00 - Singing around the Piano w/Jan Thrift</p> 	<p>2 Beauty/Barber Shop  10:00 - Stretching w/Amanda 3:00-Snacks 3:00-Music fun w/Laura</p> 	<p>3 Resident Shopping  10:00 -Exercise FLU SHOTS - 1:00-2:00 PM 3:00-Snacks &amp; Bingo</p> 	<p>4 10:00-Exercise 3:00 - Snacks &amp; Bible Study w/Pastor Derwin Griffin 3:00-Chapel Service</p> <p> Bobby Cobb</p>	<p>5 10:00-Exercise  3:00 - Snacks &amp; Bingo!</p> 	<p>6 3:00 - Snacks and Bible Trivia w/Staff</p> <p> Blanche Taylor</p>
<p>7 8:45-Bus to Area Churches 9:30-Sunday School/Chapel 3:00-Worship Service</p> 	<p>8 10:00-Exercise  3:00 - Snacks 3:00 - Chaplain Chat w/Chaplain Jimmy Howard</p> 	<p>9 Beauty/Barber Shop 10:00 - Chair Aerobics w/Amanda  3:00-Snacks 3:00-Music fun w/Laura</p> 	<p>10 SPA DAY  10:00 -Exercise  3:00-Snacks &amp; Bingo</p> 	<p>11 10:00-Exercise 3:00 - Snacks 3:00 - Game Time w/Staff 3:00 - Chapel Service</p> <p> Jean Riggins</p>	<p>12 10:00-Exercise  3:00 - Snacks 3:00 - Bingo!</p> 	<p>13 3:00 - Snacks &amp; Harvest Time Reminiscing w/Staff</p>
<p>14 8:45-Bus to Area Churches 9:30-Sunday School/Chapel 3:00-Worship Service</p> 	<p>15 10:00-Exercise 3:00 - Snacks 3:00 - Guitar Music w/Al Ferguson</p> 	<p>16 Beauty/Barber Shop  10:00 - Stretching w/Amanda 3:00-Snacks 3:00-Music fun w/Laura</p> 	<p>17 Resident Shopping  10:00 -Exercise 3:00- Snacks &amp; Bingo</p> 	<p>18 10:00-Exercise 3:00- Snacks 3:00 - Balloon Volleyball w/Staff  3:00-Chapel Service</p>	<p>19 10:00-Exercise  3:00 - Snacks 3:00 - Bingo</p> 	<p>20 3:00 - Fun w/Richard Johnson &amp; gang</p>
<p>21 8:45-Bus to Area Churches 9:30-Sunday School/Chapel 3:00-Worship Service</p> <p> Pauline Thrift </p>	<p>22 10:00-Exercise  3:00 - Snacks 3:00 - Balloon Volleyball w/staff </p>	<p>23 Beauty/Barber Shop 10:00 - Chair Exercises w/Amanda  3:00-Snacks 3:00-Music fun w/Laura</p> 	<p>24 SPA DAY  10:00 -Exercise 3:00-Snacks &amp; Bingo</p> 	<p>25 10:00-Exercise  3:00 - Snacks 3:00 - Painting Camp Rocks 3:00 - 3:00-Chapel Service</p>	<p>26 10:00-Exercise <b>FALL 2:45 PM FESTIVAL</b></p>	<p>27 3:00 - Coke Floats w/Staff and Saturday Bingo!</p> 
<p>28 8:45-Bus to Area Churches 9:30-Sunday School/Chapel 3:00-Worship Service</p> 	<p>29 10:00-Exercise 3:00 - Birthday Auction!</p> 	<p>30 Beauty/Barber Shop 10:00 - Stretching w/Amanda 3:00-Snacks 3:00-Music fun w/Laura</p> 	<p>31 Resident Shopping  10:00 -Exercise 3:00-Snacks &amp; Bingo</p>	<p>Welcome <b>OCTOBER</b> be good!</p> 		